



For more than 30 years, **Adolescent Counseling Services (ACS)** has helped some 20,000 local teens and their families. In a collaborative partnership with other local resources and our schools, ACS provides potentially life-saving and life-enhancing services, including **free student counseling at all our PAUSD middle and high schools**, along with affordable assessment, treatment and education programs for teens and families, as well as a comprehensive substance abuse programs.

[www.acs-teens.org](http://www.acs-teens.org)

***Can help with the questions:***

***“Is my child getting depressed and anxious?”***

***“What’s normal, and when is it time to get help?”***