

# ***Movement to Motivate***

Come hear how you can use movement to enhance academic and physical learning as well as self esteem. Learn some practical strategies that you can put into practice immediately. Programs presented include *Brain Gym*, *Pilates for Kids*, and *Dance in the Classroom*. Speakers include Teresa Maldonado Marchok MPT - a Physical Therapist and mom of a special needs child, Ehud Krauss - founder of *IndepenDANCE* - applying the benefits of dance education to academic improvement and Rose Nolen - 3rd grade teacher integrating movement into her curriculum for the last 15 yrs.

**Wednesday, November 18, 2009**

Hospitality 6:45pm

Meeting – 7 to 9 pm

Covington Elementary School, Multipurpose Room

205 Covington Rd

Los Altos