

Workshop with Kenneth R. Ginsburg M.D., M.S. Ed.

"Resilience Building Strategies for Our Youth"

Free admission, Registration required:

<http://ginsburgworkshoplamvpausd.eventbrite.com/>

Saturday, March 27, 2010

8:30-11:30am

LAUMC Children's Center Preschool
Family Resource Center
Creekside Room
655 Magdalena Ave, Los Altos

Target audience: health professionals, counselors and educators who work with children

Dr. Ginsburg is an Associate Professor of Pediatrics at The Children's Hospital of Philadelphia and University of Pennsylvania School of Medicine. He practices Social Adolescent Medicine: Medicine with special attention to prevention and the recognition that social context, stressors, and poverty impact health.

Dr. Ginsburg has published three books, including The American Academy of Pediatrics "A Parent's Guide to Building Resilience in Children and Teens: Giving Your Child Roots and Wings", "But I'm Almost 13: An Action Plan for Raising a Responsible Adolescent" and is coauthor of "Less Stress, More Success".

The Academy also offers Dr. Ginsburg's stress reduction plan for teenagers in pamphlet's in doctors' offices across the nation as well as on an interactive website. Recently Dr. Ginsburg has been working with Military health professionals, counselors, and teachers on stress reduction and resilience building strategies for two million military children as they cope with parents' deployment.

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Questions? Sharon Greenstein LAMVPTAC Parent Education Chairperson sbgreenstein@comcast.net